

## Corn Chowder

Add vegetables to a large saucepan with 4 cups of water. Bring to a boil. Reduce heat and simmer for 10 minutes. Combine remaining ingredients with ½ cup water, stir to mix. Add this mixture to the saucepan. Cook for another 20-25 minutes, stirring occasionally so that mixture does not boil over.

Optional ingredients: Add smoked salmon to chowder if desired.

Serves 3-4

Ingredients: potatoes, corn, milk powder, sour cream powder, bell peppers, onion, flour, cayenne

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