

Tomato Vegetable Soup

Add all ingredients to a large saucepan with 4 ½ cups of water and 1 (12 ounce) can tomato or vegetable juice. Bring to a boil. Reduce heat and simmer for 20-30 minutes or until couscous and vegetables are tender, adding more water if desired. Add salt and pepper to taste.

Optional additions: Add cooked chopped chicken or beef if desired.

Serves 3-4

Ingredients: dried vegetables, couscous, bouillon, herbs

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